| KALAMAZOO COUNTY                                                                                                                                                                                                                                                                                                                                                                                                                      | CALHOUN COUNTY                                                                                                                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GENERAL GRIEF                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                     |
| Grief Connection – Centrica Care Navigators (Hopsice Care of SW Michigan)                                                                                                                                                                                                                                                                                                                                                             | Grief Support Group – Richard A Henry Funeral Home<br>A 6-week program, but open to new participants at any<br>time in the program.                                                                                                                 |
| An informal, adult drop-in group.                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                     |
| Where: <u>In-person &amp; Virtually</u> : 2255 West Centre Ave<br>Portage, MI 49024                                                                                                                                                                                                                                                                                                                                                   | Where: in person; 703 Capital Ave SW, Battle Creek, MI<br>49015                                                                                                                                                                                     |
| When: first and third Wednesday of the month.  Morning group: 9:30am-11:00 am – <u>IN PERSON</u>                                                                                                                                                                                                                                                                                                                                      | When: Every Wednesday from 3-4pm                                                                                                                                                                                                                    |
| Evening group: 6:30 pm to 8 pm - VIRTUAL                                                                                                                                                                                                                                                                                                                                                                                              | Contact: Denny 269-962-5191                                                                                                                                                                                                                         |
| Contact: Registration is required; send email to: <a href="mailto:cate.jarvis@hospiceswmi.org">cate.jarvis@hospiceswmi.org</a> OR call 269-345-0273                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                     |
| Coping with Loss - Wings of Hope Hospice – Allegan<br>Come as your schedule allows as drop-in participants<br>are welcome.                                                                                                                                                                                                                                                                                                            | Griefshare – Battle Creek – Multiple Locations GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult                                                                                    |
| Where / When: in person at two locations:                                                                                                                                                                                                                                                                                                                                                                                             | experiences. You don't have to go through the grieving process alone.                                                                                                                                                                               |
| Allegan: 1st Monday of each month at 6:00-7:30pm;<br>Wings of Hope Office, 530 Linn Street, Allegan                                                                                                                                                                                                                                                                                                                                   | Where / When / Contact: in person at all locations https://www.griefshare.org/countries/us/states/mi/cities/                                                                                                                                        |
| Plainwell. 3rd Monday of each month at 6:00-7:30pm;<br>Ransom District Library, 180 S Sherwood Ave, Plainwell                                                                                                                                                                                                                                                                                                                         | battle creek                                                                                                                                                                                                                                        |
| Contact: (269) 686-8659                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                     |
| Griefshare – Kalamazoo - Multiple Locations GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Where / When / Contact: in person and virtual <a href="https://www.griefshare.org/countries/us/states/mi/cities/kalamazoo">https://www.griefshare.org/countries/us/states/mi/cities/kalamazoo</a> | have recently experienced the death of a loved one.  Where: Kool Family Center 200 W Michigan Ave # 101,  Battle Creek, MI 49017  When: 2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of the month from 3:30 pm to 5:00 pm No registration required. |
|                                                                                                                                                                                                                                                                                                                                                                                                                                       | Contact: Email Cate Jarvis <u>cate.jarvis@hospiceswmi.org</u> OR call 269-345-0273                                                                                                                                                                  |

This list is provided for your support and is NOT in any way a recommendation of any group or organization.

Please note that group meeting location, date and time may have changed - contact them for updates.

Grief: A Path to Healing – Langelands Funeral Home

Support group for those who are new to grief, those who struggle in their grief, those who would like more information about grief process and those who would like more support. Masks optional.

When: 2<sup>nd</sup> Tuesday of each month, 6pm-7:30pm

Where: Langeland Cremation Center, 6628 Tall Oaks

Dr.; Kalamazoo 49909

Contact: Preregistration is required. Call 269-343-1508

or email dana@langelands.com

#### VAN BUREN COUNTY

South Haven Grief Support Group – Caring Circle, South Haven

This is a monthly bereavement support group open to the public. In this open-ended group, you can start or leave the group whenever you choose. All adults who are traveling through their grief journey are invited to take part in the healing process within this comforting, supportive environment.

Where: 05055 Blue Star Highway, South Haven, MI; in person

When: Second Thursday of each month 1:00-2:00pm

Contact: RSVP required to 269-637-3825

### **SUICIDE**

Survivors of Suicide Loss - Gryphon Place - Kalamazoo

Where: Virtual

When: Bi-monthly

Contact: email Eric Espinoza <a href="mailto:eespinoza@gryphon.org">eespinoza@gryphon.org</a> to express interest in joining group or with any questions.

There is a screening process being for joining. From there, folks will be connected to Zoom link

This list is provided for your support and is NOT in any way a recommendation of any group or organization.

Please note that group meeting location, date and time may have changed - contact them for updates.

#### CHILD DEATH GRIEF SUPPORT

The Compassionate Friends – Kalamazoo Chapter - virtual until April

The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

Where: Westwood United Methodist Church (Main Conference Room) 538 Nichols Road, Kalamazoo Michigan

When: 1st and 3rd Tuesdays of each month at 6:30 pm

Contact: Melinda (269) 589-4756 or email kalamazoocf@gmail.com

#### CHILDREN'S GRIEF

Centrica Journeys – Centrica Care Navigators (Hospice Care of SW Michigan)

A special year-round group for grieving children, teens and their families who are hurting after the death of a loved one.

Where: 2255 W Centre Ave, Portage, MI 49024

When: 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month

Contact: Registration is required; send email to: cate.jarvis@hospiceswmi.org OR call 269-345-0273

Ele's Place - West Michigan / <a href="https://www.elesplace.org/">https://www.elesplace.org/</a>

2000 Michigan St. NE, Grand Rapids, MI 49503 | 616-301-1605

Ele's Place is a healing center for grieving children, teens, young adults, and their families. Four branch locations support families throughout Ann Arbor, Grand Rapids, Flint, Lansing, and beyond.

Lory's Place - 445 Upton Dr, St Joseph, MI 49085

Our purpose at Lory's Place is to provide grief support services for grieving children, adults, and families.

Call Lory's Place anytime to begin the process 269.983.2707.

https://www.spectrumhealthlakeland.org/lorys-place/lory's-place

### MISCARRIAGE/PREGNANCY LOSS

Share – Bronson Hospital Share Pregnancy and Infant Loss support group

Support for those who have experienced pregnancy and early infant loss. Memorial service in December.

Where: Bronson Gilmore Center, 7 Healthcare Plaza, Kalamazoo, MI 49007 (Across from helicopter pad at

Bronson Methodist Hospital)

When: Third Wednesday of every month; 7:00-9:00pm.

Contact: Deb (269) 341-6639 or email koninde@bronsonhq.org for more information.

The Compassionate Friends – Kalamazoo Chapter - virtual until April

The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or sister, or a grandchild, and helps others better assist grieving families.

Where: Westwood United Methodist Church (Main Conference Room) 538 Nichols Road, Kalamazoo Michigan

When: 1st and 3rd Tuesdays of each month at 6:30 pm

Contact: Melinda (269) 589-4756 or email kalamazoocf@gmail.com